



## **Post- Initial PEG (Percutaneous Endoscopic Gastrostomy) Insertion Care**

### **Immediate Care**

1. Monitor vitals (Temp, HR, BP), and wound (haemorrhage) every 30min for 2 hours.
2. Nil by mouth and PEG for 6 hours
3. Clear liquid diet and Water only (50ml flush every 6 hours) via PEG for 6 hours, then may commence normal feeds
4. Don't reposition PEG bumper or dressings until following morning

### **Ongoing Wound Care**

1. Use N/Saline to clean during first 2 days.
2. After 2 days, cleaning with soap & water is sufficient. Dry thoroughly.
3. Rotate the external bumper and tube daily, to prevent pressure and adherence.

### **Ongoing Care**

1. Ensure sitting up or head elevated during feeds to reduce risk of aspiration.
2. Flush PEG with ~30ml water before and after feeds and medications.
3. If continuous administration of feeds, the PEG should be flushed with water every 4 hours.
4. If PEG becomes blocked then aspirate and flush with warm water or soda water. Do NOT use coca-cola.
5. Do not attempt to clear the tube by inserting any mechanical object.
6. If the PEG is removed accidentally then REPLACE IMMEDIATELY using a Foley catheter and contact Dr Walker. This will keep the PEG tract patent until I can replace the PEG.
7. Contact Dr Walker if the PEG site is looking inflamed.
8. Contact Dr Walker if there are any other concerns.

Dr Griff Walker

***If you have any concerns or questions, please contact Dr Walker's office on 5574 6133.***