DR GRIFF WALKER
MBBS FRACP
Provider No. 238387GH

Gold Coast Private Hospital
Suite 8, Ground Floor
14 Hill Street, Southport
QLD 4215
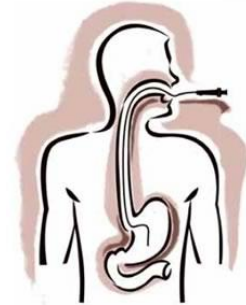**T: (07)5574 6133 F: (07) 5594 6072**
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Gastroscopy Preparation Instructions

Procedure date / time: …………………………/

The time will be confirmed with you the day before your procedure

Attend the Hospital Admissions area: *Gold Coast Private Hospital,*

Ground Floor, Day Surgery Centre

For a successful, thorough and safe examination, it is very important that you follow the preparation instructions carefully.

Medications

You may be required to stop certain medications prior to the gastroscopy.

If you are on "blood thinners" such as Warfarin, Clopidogrel (Plavix, Iscover), Dabigatran (Pradaxa), Rivaroxaban (Xarelto), Ticagrelor (Brilinta), you may need to stop these 2-7 days prior to your procedure. Aspirin may be continued. Please seek advice prior to stopping these medications.

If you are diabetic, you may require special instructions for your medication, especially if you take Insulin. Please ask for a Diabetes Management Leaflet or it can be found on our website.

Otherwise, continue all other tablets as usual, even on the day of the test.

Morning Procedure

No solids or dairy (i.e. milk) from midnight the night before. You may have clear fluids only (i.e. water, apple juice, Gatorade) up until 2 hours before the endoscopy admission time.

Afternoon Procedure

You may have an early breakfast, before 7am, on the morning of the procedure. Then clear fluids only (i.e. water, apple juice, Gatorade) up until 2 hours before the endoscopy admission time.

Please ensure you make arrangements for someone to drive you home after the procedure. It is not safe to drive until the following day after having sedation or an anaesthetic.

Please ensure you have read the Gastroscopy Information and Consent Form and bring this completed to your procedure- *If you have any concerns or questions about the preparation or procedure, please contact Dr Walker's office on 5574 6133.*